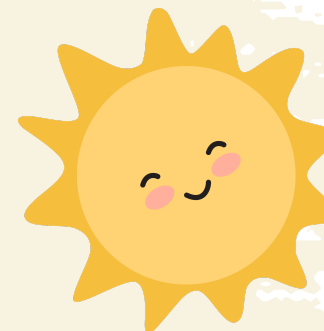


# WAKE UP AND WIND DOWN BREAKFAST MENU



## WEEK 1

**MON**

Pancakes with  
fresh fruit

**TUE**

Croissants with  
assorted fillings

**WED**

Crumpets with  
butter or soft  
cheese

**THU**

Waffles with  
fresh fruit

**FRI**

Yoghurt, raisins  
and fresh fruit

## WEEK 2

**MON**

Croissants with  
assorted fillings

**TUE**

Yoghurt, raisins  
and fresh fruit

**WED**

Pancakes with  
fresh fruit

**THU**

Crumpets with  
butter or soft  
cheese

**FRI**

Waffles with  
fresh fruit

Children may help themselves to assorted cereals and fresh fruit. Toast is also available each morning. A drink of milk or water is provided with all meals.

Please note: Our food and drinks are prepared in areas where cross-contamination may occur, while all appropriate measures are in place to minimise this risk, we cannot guarantee this with certainty. If you would like to know more, we are happy to answer any questions regarding our allergen procedures.

# WAKE UP AND WIND DOWN EVENING MENU



## WEEK 1

**MON**

Hot dogs (or veggie dogs) with tomato ketchup

**TUE**

Spaghetti hoops or sausage and beans (with toast)

**WED**

Variety of soup (tomato, chicken or vegetable) with crusty bread

**THU**

Wraps with a selection of meat, cheese and salad

**FRI**

Sandwich fingers with assorted fillings

## WEEK 2

**MON**

Variety of soup (tomato, chicken or vegetable) with crusty bread

**TUE**

Wraps with a selection of meat, cheese and salad

**WED**

Sandwich fingers with assorted fillings

**THU**

Hot dogs (or veggie dogs) with tomato ketchup

**FRI**

Spaghetti hoops or sausage and beans (with toast)

Children may help choose from a yoghurt or fresh fruit after snack. A drink of milk or water is provided with all meals.

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