

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1`	Summer 2
Reception	Dance	Gymnastics Unit A Travelling	Gymnastics Unit B Stretching & Curling	Gymnastics Unit C Travelling & taking weight	Games Unit 2 Focus on using a ball	Games Unit 4 Focus on using ropes, bats and balls
Year 1	Games Unit 1 Focus on ball skills and games	Games Unit 2 Throwing & catching – aiming games	Gymnastics Unit D Flight	Gymnastics Unit E Points & Patches	Gymnastics Unit F Rocking and Rolling	Gymnastics Unit G Wide _ Narrow-Curled
	Dance Countries (iMoves)	Dance Great Fire of London	Games Unit 3 bat/ball skills/skipping and games	Games Unit 4 Developing Partner work	Athletics Unit 1 & Competition	Athletics Unit 2 & Competition
Year 2	Gymnastics Unit H Parts high & low	Gymnastics Unit I Pathways	Games Unit 3 Dribbling, kicking and hitting	Gymnastics Unit J – Spinning/Turning/Twisting	Athletics Unit 1 & Competition	Gymnastics Unit K – Linking movements together
	Games Unit 1 Throwing & Catching/Inventing Games	Games Unit 2 Making up a game	Dance Dance Weather (iMoves)	Games Unit 4 Group Games & Inventing Rules	Dance Victorians	Athletics Unit 2 & Competition
Year 3	Games Unit 1 Balls Skills Invasion Games	Games Unit 2 Creative Games Making	Gymnastics Unit L Stretching/Curling/Twisting	Gymnastics Unit M Symmetry & Asymmetry	Gymnastics Unit N Pathways	Gymnastics Unit O Travelling with changes of direction
	Dance Cheerdance (iMoves)	Dance Ancient Romans (iMoves)	Games Unit 3 Net/Court/Wall Games	Games Unit 4 Striking/Fielding Games	Athletics Unit 1 & 2 Competition	OAA
Year 4	Gymnastics Y4AS Unit P Balance Swimming Y4JF	Gymnastics Y4AS Unit Q Receiving body weight Swimming Y4JF	Gymnastics Y4AS Unit S Rolling Swimming Y4JF	Gymnastics Y4JF Unit P Balance Swimming Y4AS	Gymnastics Y4JF Unit Q Receiving body weight Swimming Y4AS	Gymnastics Y4JF Unit Q Receiving body weight Swimming Y4AS
	Games Unit 1 Net/Court/Wall Games	Games Unit 3 Invasion Games	Dance Disco (iMoves)	Athletics Unit 1 & 2 Competition	Dance	OAA
Year 5	Gymnastics Unit T Bridges	Gymnastics Unit U Flight	Games Unit 3 Invasion Games (implement & Kicking)	Gymnastics Unit V Functional Use of limbs	Athletics Unit 1 & 2 Competition	Gymnastics Unit W Spinning & Turning
	Games Unit 1 Net/Court/Wall Games	Games Unit 2 Invasion & Target (Ball Handling)	Dance Urban Free Style (iMoves)	Games Unit 4 Striking & Fielding Games	Dance Vikings	OAA
Year 6	Gymnastics Unit X Partner Work – Matching & Mirroring	Gymnastics Unit Y Partner Work – Synchronisation & Canon	Games Unit 2 Net/Court/Wall Games	Gymnastics Unit Z Holes & Barriers	Athletics Unit 1 & 2 Competition	Gymnastics Unit A Counter-balance & Counter-tension
	Games Unit 1 Invasion Games Hockey & Football	Games Unit 4 Invasion Games Netball/Basketball/Rugby	Dance Hip Hop (iMoves)	Games Unit 3 Striking & Fielding Games	Dance Word War 2	OAA